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## **A Comparative Study of Emotional Intelligency scale value Commitment Between kabbadi and kho- kho players in Marathwada.**

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### **Introduction:**

Emotional intelligence is the aggregate mental capacity or energy of an individual to not purposefully, to think rationally, and to deal effectively with ones environment. Intelligence involves awareness is goal directed and has value. It is an ability to undertake the activities that are difficult, complex and which lead to the creation of something new and different. Intelligence of an individual plays an important role in affecting physical performance. The more complex and the more interpretative the movement, the greater the amount of intelligence necessary to comprehend. Sport activities involves complex skilled action. Since all skilled behaviour is intelligent behaviour, relationship between sport performance and intelligence cannot be denied. This scale importance for sports performance.

**Commitment :-** An enagement or obligation that restricts freedom of action.

**Comparative study :-** Involving comparssion two or more subject.

### **Objective: -**

The main purpose of the study was to compare the emotional intelligency scale commitment between kabbadi and kho-kho players in marathwada.

### **Hypothesis:-**

There will be no significant differences in emotional intelligency scale commitment between kabbadi and kho-kho players in marathwada.

### **Sample**

A sample of subject consisting 120 kabbadi & 120 kho-kho male which were randomly selected from various senior colleges in marthwada different district.`

**Tools of the Study:**

Emotional intelligency and sub-scale adopted by Aunukool hyde et. Al was used measure emotional intelligency This inventory provides commitment dimensions.

**Statical procedure:**

The data attained from inventory were statically treated using Mean, S.D, and 't' Test

**Result:****Table No. 1**

**Comparison of commitment for kabbadi and kho-kho players.**

Variables	Student's	N	Mean	S.D.	't' ratio
<b>commitment</b>	Kabbadi player	120	8.37	1.17	0.5 NS
	Kho kho player	120	8.29	1.41	

**Not significant****Finding :**

From the result it was found that with regard to commitment of kabbadi and kho-kho player they have obtained the mean values of 8.37 and 8.29 respectively witch are given in table no.1 reveals that the not significant different was found in ( $t'=0.5$ ) .

**Conclusion:**

In this study found kabaddi player had more slightly commitment tendency as compare kho kho plaers. In this study hypotheses was accepted .

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